



Bite is a project @ Manchester Mind

Role Description

Position: Volunteer allotment session leader

Responsible to: Bite Development Worker/Growing Coordinator

Overall Purpose: To run allotment sessions for people with mental health needs

Specific duties:

To coordinate the movement of allotment service users from base centre to the allotment site

To meet other users and staff at the site

To open and close the allotment site following agreed procedure

To run group allotment sessions with mental health service users ensuring everyone's needs are met

To follow the annual growing plan for the specific site

To take responsibility for ensuring plant nutrition and irrigation

Assist with site growing records as required

To maintain health & safety at the site and report any issues that arise

Provide information as requested to the Bite Development Worker and Growing Coordinator

To work alongside other volunteers, service users and staff in all Bite's partner organisations as required.

Be willing to take part in training as appropriate.

To take part in supervision with a Manchester Mind member of staff

To attend meetings as appropriate

To work within Manchester Mind's policies and procedures

Volunteer allotment session leader

Person Specification

E = Essential

D = Desirable

KNOWLEDGE AND EXPERIENCE	
Food growing – wide knowledge of fruit and vegetable growing and site maintenance required including organic methods	E
Working with people in a team and/or group setting who have a variety of needs- specifically mental health needs	E
Knowledge of first aid and health & safety issues relevant at allotment sites	E
SKILLS	
Ability to optimise plant growth and yield using organic methods	E
Ability to lead a group with a variety of needs	E
Ability to follow plans and maintain records	E
PERSONAL	
Ability to travel to allotment site	E
Willingness to engage with supervision and undertake training	E
Interest in sustainable food	E
Be able to work using own initiative and adapt to changing circumstances	E
Adhere to Manchester Mind's policies and procedures	E

